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Renfrewshire Leisure is the new name for community sport and leisure provision in Renfrewshire. We look forward to working closely with Renfrewshire Council and other agencies to improve the facilities and programmes on offer to you at your local swimming pool or sports centre. For further information Telephone 0141 887 2210.

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better for everybody



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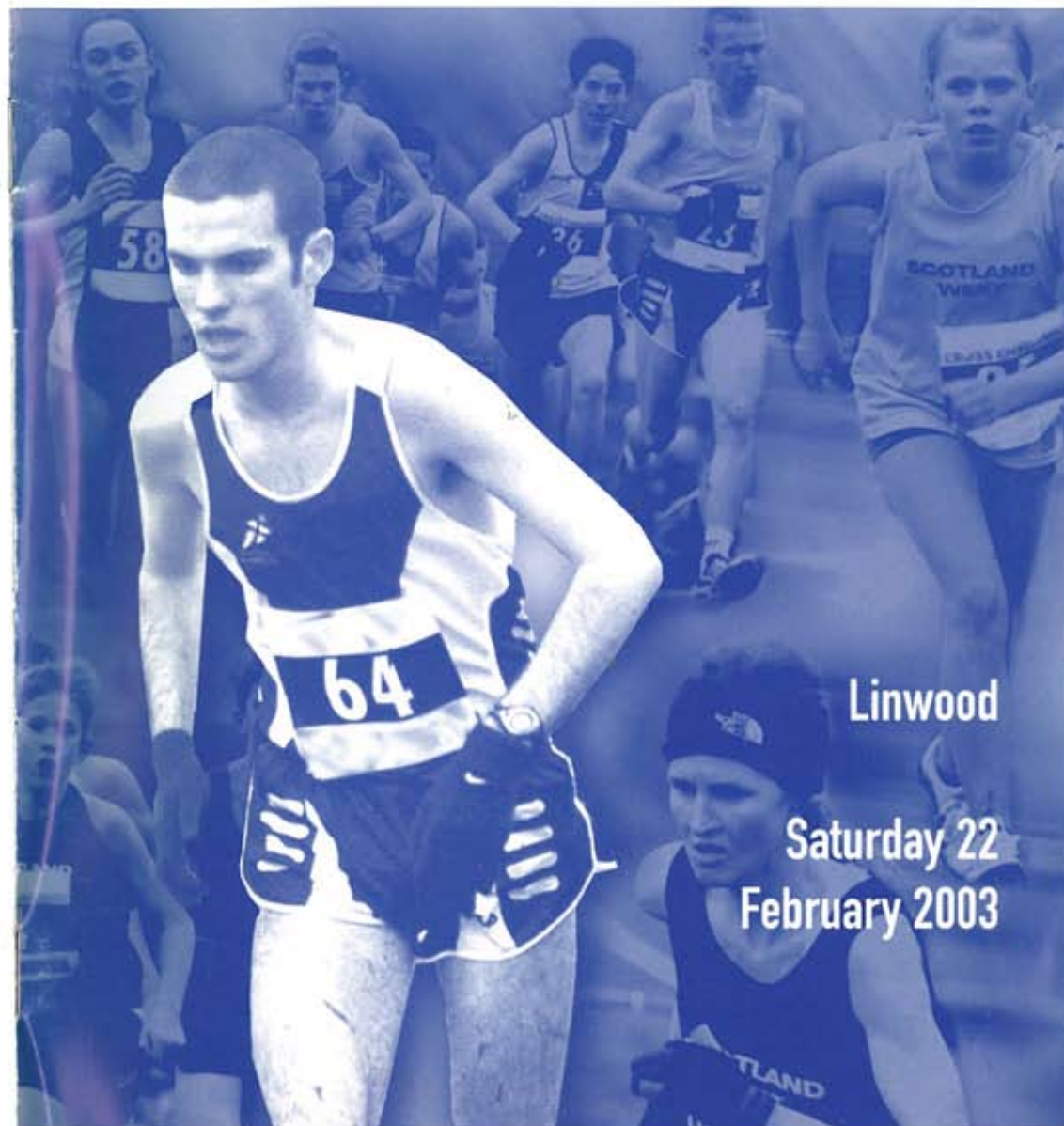
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Programme £1.00

The Scottish National Cross Country Championships



Linwood

Saturday 22
February 2003

Renfrewshire Leisure
better for everybody


Renfrewshire
Council

scottishathletics 



10th **SPAR** European Cross Country Championships

Edinburgh, 14 December 2003



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MESSAGES OF WELCOME

It gives me great pleasure to welcome you all to Linwood for **scottishathletics** 2003 National Cross Country Championships. I would like to express my thanks to Renfrewshire Council and Renfrewshire Leisure Limited for their generous sponsorship of the event. We could not hope to run our Championship events without the active and wholehearted support of such generous sponsors.

The competitors are the ones who are here to provide us with a great day of sport. It is easy to forget the training and commitment that is necessary from athletes, coaches and families to make today's races memorable for all.

The hard work of the Road Running and Cross Country Commission also requires to be recognised. Without the presence of Jim Young and the teams of officials today's races would not occur, their continuing involvement is greatly appreciated as is the assistance from the members of Kilbarchan Athletic Club, who are the host Club today.

I am sure everyone will enjoy a good day of Cross Country competition and trust all the spectators will support all the athletes to produce their best performances.

Joan M. Watt

President
Scottish Athletics

I am delighted to welcome you to Linwood for our National Cross Country Championships.

This is a new venue for the event and I'm sure the hard work done by Renfrewshire Council, Renfrewshire Leisure Trust and Kilbarchan Athletic Club will ensure it is a very successful event.

I would like to say a big thank you to all of you – Coaches and parents who give their support throughout the year – the organisers of events who work so hard to make events run smoothly and the Officials who turn up at all events in all weathers to ensure that they are run smoothly and successfully.

I hope you all have a lovely day and wish good luck to all the competitors.

Marjory Cook

Convenor
Road Running and Cross Country Commission



It gives me great pleasure to see a prestigious event like the Scottish National Cross Country Championships taking place in Renfrewshire for the first time. It has been a pleasure working with **scottishathletics** in the organisation of the event which is the first major event jointly run by Renfrewshire Council and Renfrewshire Leisure Limited, the trust for the management of leisure facilities, which came into being on 1 January 2003.

I would like to extend a warm welcome to all competitors and their supporters to Linwood Sports Complex. It is an excellent facility, now managed by the RLL. The Council's sports development staff have worked with colleagues in the RLL and have prepared an exciting programme of events for the young people who have come along to support the athletes.

Sport and physical activity are important in helping to achieve the Council's and national priorities. We do a lot of work to encourage young people to adopt healthy lifestyles and it is great to see that we have competitors in classes from Under 13 right through to veteran athletes.

We expect over 2000 people to take part in the event and that means that 2000 ambassadors for the benefits for sports and physical activity, which can benefit individuals, through improved health, social interaction and increased self confidence, and communities by contributing to the creation of safer communities. More people will be encouraged to participate through holding a national championship in Renfrewshire and putting sport in the limelight.

I would like to thank everyone concerned in making this event possible particularly **scottishathletics**, Renfrewshire Council, Renfrewshire Leisure Limited and most of all the competitors and their supporters.

Councillor Tommy Williams

Convenor, Community and Family Care Policy Board
and Chair, Renfrewshire Leisure Limited

TIMETABLE

RACE	DECLARATIONS CLOSE	RACE STARTS	DISTANCE
Under 13 Boys	11.30	12.00	3,200 metres
Under 13 Girls	11.45	12.15	3,200 metres
Under 15 Boys	12.00	12.30	4,000 metres
Under 15 Girls	12.15	12.45	4,000 metres
Under 20 Men	12.35	1.05	8,000 metres
Senior Women	1.00	1.30	8,000 metres
U17/U20 Women	1.35	2.05	4,800 metres
Under 17 Men	1.55	2.25	6,400 metres
Senior Men	2.30	3.00	12,000 metres

PRESENTATIONS

Individual presentations will take place immediately after each race. Team presentations will take place on the course at 1.40pm and 2.40pm. Individuals and teams involved are requested to hold themselves close to the Start/Finish Area.

The final presentations will take place as soon after the senior mens race as possible in the public marquee.

Announcements will be made prior to the awards

OFFICE BEARERS

Hon President: W.M Campbell, CBE, QC, MP

President: Mrs Joan Watt

Chief Executive: David Joy

ROAD RUNNING & CROSS COUNTRY COMMISSION

Convenor: Mrs Marjory Cook

Vice Convenor: Robin Thomas

Hon. Secretary: Brian Goodwin

Finance Officer: Graham Sword

Championship Convenor: Jim Young



SPECIAL NOTES

1. It must be strictly observed that warming up is not allowed on the actual course. Disciplinary action may be taken against anyone who disregards this.
2. Spikes and cross-country shoes must be removed before entering Linwood Sports Centre.
3. All Female Races numbers have a YELLOW BAND.
4. In all races numbers must be worn on the FRONT. Competitors in the Under 17 and Under 20 Womens Race will wear an age code number on the BACK as well.
5. Entries for team events must show the colours of the Club's vest and a vest of these colours must be worn by all members of the team while competing.
6. Athletes and spectators must not encroach on the start/finish area.
7. I.A.A.F. advertising rules will be strictly enforced.
8. At last year's national Cross Country Championships there was unacceptable damage to property and anti social behaviour. Clubs and team managers are requested to ensure that their athletes behave in a responsible manner in Linwood Sports Centre and there is no damage to equipment or facilities. Suitable adult supervision should be provided for young athletes by the Clubs at all times. Young athletes are encouraged to make use of the organised multi sport activities.
9. Computer results will be on sale on the day.

The AT Mays Trophy for the overall Team performance

Rules determining Winner of Trophy

- a) Clubs will be awarded points in each race equal to the finish position of their team – 1st team (1 point), 2nd team (2 points), etc.
- b) The AT Mays Trophy will be awarded to the club that scores the lowest aggregate number of points over the five national championships (calculated as above)
- c) If part b fails to obtain a result then only clubs that have finished a senior team and declared teams in all other races are eligible for this trophy. In this case the trophy will be awarded to the club with the lowest aggregate number of points calculated as follows:
 - for finishing team points are awarded as "a" above
 - For declared but non-finishing teams the points awarded will be the highest team placing plus 1.

The result will be determined for clubs with 4 finishing teams and if failing to achieve a result, for 3 finishing teams and then 2 finishing teams.

- d) Clubs not finishing a senior team are not eligible for this trophy.
- e) In all cases in the event of a tie the position of the club finishing highest in the Senior race will be adjudged the winner

The Pat Spence Memorial Trophy will be awarded for the overall women's team performance.



RACE OFFICIALS

Referee M Wilmoth

Officials Control G Sword, A Jackson

Clerk of Course J McMillan, J Pender (Assistant)

Judges R L McSwein (Chief), D Wilmoth, J Youden

Funnel Control K Phillips, G Spence, K Melville (Chief - Females),
J Devenny, L Fleming, I Baird, K O'Brien, C Scarles

Timekeepers D McLaren (Chief), G Sword, S McDougall, M Daly,
B Beattie, D Gilmore

Recorders (Places) S Hardacre (Chief), N Donachie (Tape), I Hislop,
B Hislop, A Potts, I Mann, A Cameron

Recorders (Times) W McDougall

Starter TBA

Marksmen R Thomas, W Laing, F McCluskie

Declarations A McManus (Chief), I McManus, K Monaghan,
E Green, M Rodger, E McMillan

Results P Jackson (Chief), J Jackson,
A Jackson, M Donachie, S Smart, G Aithie

Runners/Programmes Members of Kilbarchan AC

Announcer & Communications R Gray

Press C Broadbent, B Goodwin

Course Planning R Reid, K Martin, W Simpson, M Ferguson, N Taylor

Course Stewards J Goudie (Co-ordinator), R Barr, K Bunting, J Gibson,
J Green, M Hydes, M Farlane, S McLay, H Ross,
S Russell

Presentations E Young, B Goodwin

Jury of Appeal R McSwein, M Cook, I Clifton

Medical Officer J Dunbar

Physiotherapists A Abakan, J Grant,

Medical Services St Andrews Ambulance Association

Drugs Control G Spence

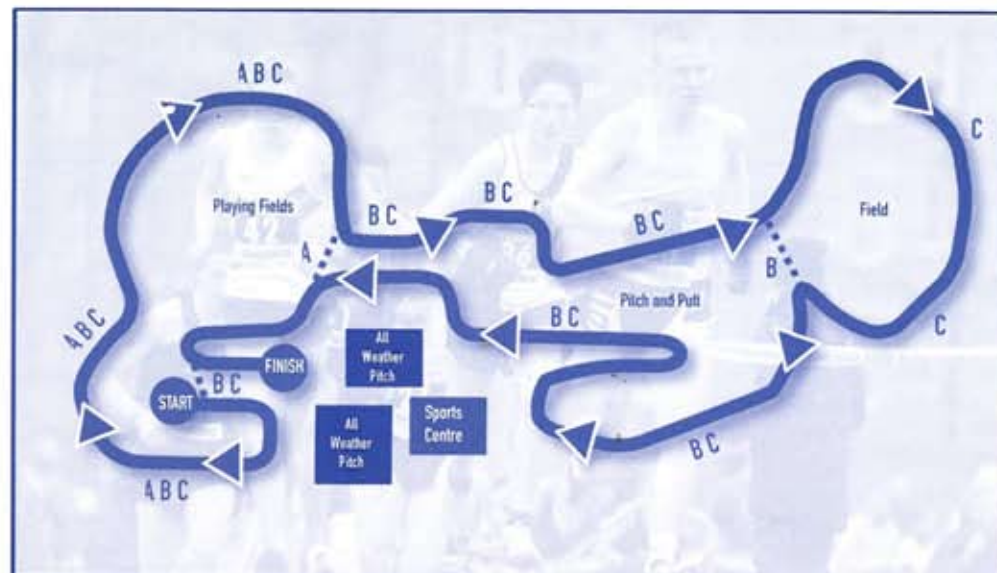
Reception J Watt, M Cook, R Thomas, B Goodwin, G Sword,
A Potts

Club Liason J Rodger, B McFee

Event Manager K Weiniger

Convener J Young

COURSE MAP



12.00	Under 13 Boys	1 Lap B	3,200m
12.15	Under 13 Girls	1 Lap B	3,200m
12.30	Under 15 Boys	1 Lap C	4,000m
12.45	Under 15 Girls	1 Lap C	4,000m
13.05	Under 20 Men	2 Laps C	8,000m
13.30	Senior Women	2 Laps C	8,000m
14.05	Under 20 & 17 Women	1 Lap A + 1 Lap B	4,800 m
14.25	Under 17 Men	2 Laps B	6,400m
15.00	Men	3 Laps C	12,000m

11th Annual Under 13 Boys' Championships

[Over 11 but Under 13 as at 1st September, 2002]



Distance 3,200 metres The race will start at 12.00

The winning team to hold the 'McKenzie Cup' for 12 months

Title holders: Kilbarchan AAC

The winning individual to hold the 'Alex Nangle Memorial Trophy' for 12 months

Individual Winner: Alex Thoires (Aberdeen AAC)

TEAMS NOT LESS THAN 4 & 4 TO COUNT

Aberdeen AAC Colours: White with 2 red hoops

1 Kieran Hope	2 James Joy
3 Thomas Joy	4 Ruari Neil
5 Dean Thoires	6 Jamie Thomson
7 Craig Mackenzie	

Arbroath & District AC Colours: Black with vertical yellow stripe

8 Christopher Hardwick 9 Craig Taylor

Ayr Seaforth AAC Colours: White with Red Diagonal Cross

10 Alan Cherry

Beith Harriers Colours: Black

11 Colin Evans 12 Scott Keil

Calderglen Harriers Colours: Amber and Black Vertical Stripes

13 Graeme Robertson	14 Laurie McGinley
15 Jamie Ferguson	16 Ben Ferguson

Central AC Colours: Yellow and Blue

17 Matthew Gillespie	18 Alan Bennie
19 Darren Walker	20 Shaun Riley
21 Thomas Walker	22 Robbie McNab

City of Edinburgh AC Colours: White with one Blue, one Black Hoop

23 Darren Lyall	24 Chris O'Hare
25 Marcus Thomson	26 Shaun Devenney
27 Finlay Moffat	28 Alisdair Steel
29 William Fleming	30 Rory Smith

Clydesdale Harriers Colours: White with Black "C"

31 Craig Young	32 Matthew McSorley
33 Bryden Ennis	

Corstorphine AAC Colours: White with Black Trim

34 Craig Knowles	35 Andrew MacDonald
36 David Roy	
37 Niall Waddell	

Dunbar Running Club Colours: White with Green Diagonal

38 Sam Twist	39 Sandy Neison
40 Charlie Yates	

Dundee Hawkhill Harriers Colours: Blue and White Quarters

41 Scott MacDonald	42 Benjamin Nellish
43 Iain Dunbar	44 David Jenkins
45 Craig Angus	

East Kilbride AAC Colours: Gold with 2 Black hoops

46 John Fergusson	47 Niall Walker
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Ellon AAC Colours: Black/Red/Gold

48 Richard Kirk

Falkirk Victoria Harriers Colours: Black with Gold Band

49 Callum Ross	50 Grant Plenderleith
51 Philip Douglas	52 Greg Boyd

Fife AC Colours: White with Red Band

53 Andrew Evans	54 Frankie Scott
55 Connor Hill	56 Neil Gray

Forres Harriers Colours: Red

57 Andrew Rogan

Gala Harriers Colours: White with Green Band

58 Steven Laurie

George Heriots School Colours: White with Blue Band

59 Graham Scobie	60 Lewis Just
61 Graham Dickson	62 Donald Ross
63 Jonathon Neville	64 Declan Pang
65 Alistair Grant	

Giffnock North AAC Colours: Amber with Royal Blue Hoop

66 David Fitzsimons	67 Ross McLearie
68 Stuart Whiteford	69 Daniel Johnstone
70 Ian Whiteford	71 Steven Gray
72 Jonathon Murphy	73 Ross Shankly
74 Blair Alexander	

Gleniffer High School Colours: Red/Black/Sky Blue

75 John McKellar	76 Steven Muir
77 John McDonough	78 Euan Gray
79 Tony Leitch	80 Scott Cash

Greenock Glenpark Harriers Colours: Sky Blue with Royal Blue and Gold Hoops

81 Craig Williams

Helensburgh AAC Colours: Yellow with Red Band

82 Andrew Nash

Inverclyde AC Colours: Black & White Stripes

83 Jonathan Bannister	84 Robert Campbell
85 Dean Girvan	86 Craig Johnston
87 Andrew Ross	88 Scott Smith

Irvine AC Colours: Red with Black Trim

89 Murray Collier	90 Ryan McDonald
91 John Kerr	92 Garry Kerr
93 Kenneth Hogg	94 Stefan Johnstone
95 Nicholas Emsley	

Johnnie Walker Kilmarnock Harriers Colours: Royal Blue with 2 White Stripes

96 Jamie Hannah	97 David Jarvis
98 David Nelson	99 Adam Law
100 John Walker	101 Scott McGregor

Kilbarchan AAC Colours: Gold with Black Hoop

102 Scott Hawkins	103 Stephen McGoldrick
104 Mark McGovern	105 Anthony Gordon
106 Robert Cahn	107 Gary Downie
108 Martin Hughes	109 Martin Walsh

Kirkintilloch Olympians Colours: Sky Blue with White and Black Hoops

110 Craig Thayne	111 Matthew Graham
112 Craig MacDonald	113 Kevin Cornes

Lasswade AAC Colours: White with 2 Blue Bands and Red Band

114 Mark Baxter	115 Scott Anderson
116 Jordon Thomson	117 Martin Brash

Lothian Running Club Colours: Blue with Black letters

118 Robert Inglis

Moray Road Runners Colours: Dayglow yellow with Black Trim

119 Kenneth Wilson	120 Steven Houston
121 Josh Davidson	

Musselburgh AC Colours: Red with Black Stripes

122 Fearghas Thomson



Pitreavie AAC Colours: Navy/Yellow/White
123 Douglas Newsom

Ron Hill Cambuslang Harriers Colours: Red with White Band

124 Raymond Black 125 Craig Fellows
126 Paul McGarry
127 Andrew Robertson 128 Craig Williamson
129 S Taggart
130 S McCreadie 131 J Love
132 A Cuthbert

Shettleston Harriers Colours: Blue with Yellow Band

133 Christopher McGarrity
134 Ryan McConway 135 Steven Reynolds

Stornoway RC Colours: Red with Yellow Hoop
136 Grant Stewart

Teviotdale Harriers Colours: White with Maroon Band

137 Gavin Brady 138 Stewart Fraser
139 Bruce Taylor

Victoria Park AAC Colours: Blue and White Hoops

140 Ross Docherty 141 Gregor Innes
142 Che Fitchett 143 Lorn Menzies
144 Niall Murray

Whitemoss AAC Colours: Black and Yellow
145 Graeme Mitchell

11th Annual Under 13 Girls' Championships

(Over 11 but Under 13 as at 1st September, 2002)

Distance 3,200 metres The race will start at 12.15

The winning team to hold the 'John Waddell Shield' for 12 months

Title holders: Giffnock North AAC

The winning individual to hold the 'William Bramwell Trophy' for 12 months

Individual Winner: Briony Swanson (Inverness Harriers)

TEAMS NOT LESS THAN 4 & 4 TO COUNT

Aberdeen AAC Colours: White with 2 red hoops

1 Chantel Clark 2 Ruth Stephen
3 Christie Noble 4 Siobhan Prise

Arbroath & District AC Colours: Black with vertical yellow stripe

5 Michelle Durbidge 6 Jan Wilson
7 Donna Simpson

Central AC Colours: Yellow and Blue

8 Jennifer Hutchinson 9 Ellen Dean
10 Victoria Longhurst

City of Edinburgh AC Colours: White with one Blue, one Black Hoop

11 Mhairi Hunter 12 Laura Henderson
13 Sarah Docherty 14 Danielle Boydson

City of Glasgow AC Colours: Royal Blue with Green Panel

15 Rebecca Finch 16 Laura Cameron
17 Stephanie Cameron 18 Laura Mangan
19 Veronica Guthrie 20 Elaine Taggart
21 Josephine Moultrie 22 Lucinda Logan
23 Megan Phillips

Dunbar Running Club Colours: White with Green Diagonal

24 Anna Cathro 25 Loren Smedley
26 Megan Gaffney

Dundee Hawkhill Harriers Colours: Blue and White Quarters

27 Elizabeth MacLeish 28 Eilish McCollgan
29 Alex Ferguson 30 Zoe Galloway
31 Rosie Ogden 32 Catriona Wilson

East Kilbride AAC Colours: Gold with 2 Black hoops

33 Beth Duff 34 Kirsty Hanna

Edinburgh Woollen Mill Colours: White/Blue/Red

35 Lynsey Sharp 36 Catriona Sinclair
37 Amie Harkins 38 Amy White
39 Beth Greenhill 40 Jessica Boston
41 Rebecca Allison 42 Cheryl Shields
43 Charlotte Crerar

Ellon AAC Colours: Black/Red/Gold

44 Laura Hepburn

Falkirk Victoria Harriers Colours: Black with Gold Band

45 Suzi McGougen 46 Sophia Ruiz-
Beltran 47 Jayde Hamilton
48 Amy Martin 49 Kim Grant
50 Jenna Oberg

Fife AC Colours: White with Red Band

51 Jennifer Kibble 52 Claire Motion
53 Aillie Scobie 54 Jenny Tan

Giffnock North AAC Colours: Amber with Royal Blue Hoop

55 Laura Taylor 56 Nicole McLeod
57 Rachel McDowall 58 Claire McCluskey
59 Madeline Roper 60 Nicky Hughes Hallett
61 Francesca Norman 62 Amy Bissland
63 Kirstie Black 64 Fiona McCreadie

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11th Annual Under 15 Boys' Championships

(Over 13 but Under 15 as at 1st September, 2002)

Gleniffer High School Colours:

Red/Black/Sky Blue

65 Jillian Allan	66 Kelly Fletcher
67 Nicole White	68 Louise Thomlinson
69 Joanne Muir	70 Heather Mathie
71 Lesley Whitehill	72 Jennifer Montgomery
73 Leigh Millar	74 Nicola Daly
75 Hayley Watson	76 Heather Corrigan

Greenock Glenpark Harriers Colours: Sky

Blue with Royal Blue and Gold Hoops

77 Kimberley Roy	78 Emma O'Rourke
79 Wallis McKendry	

Helensburgh AAC Colours: Yellow with Red Band

80 Charlotte McShane	81 Aisling Freeth
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Inverclyde AC Colours: Black & White Stripes

82 Louise Anderson	83 Ainsley Black
84 Elise McCormick	85 Gillian McMillan
86 Denise McShane	

Inverness Harriers Colours: Gold with Maroon Diagonal

87 Charlotte McArthur

Irvine AC Colours: Red with Black Trim

88 Rebecca Edge

Johnnie Walker Kilmarnock Harriers Colours: Royal Blue with 2 White Stripes

89 Lauren Campbell	90 Sally Pugh
91 Yvonne Richmond	92 Avril Morrison
93 Rachael Currie	94 Louise Hammell
95 Steffini Wylie	96 Jacqueline Walker

Kilbarchan AAC Colours: Gold with Black Hoop

97 Eilidh Menzies	98 Laura Kennedy
99 Holly Belch	100 Hazel Blair
101 Vhairi Toole	102 Victoria Phillips

Kirkintilloch Olympians Colours: Sky Blue with White and Black Hoops

103 Julie Connelly	104 Sarah McLennan
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105 Courtney MacGuire	106 Emma Harrison
107 Kirsty Yuill	

Larkhall YMCA Colours: Red with White Hoops

108 Lauren Hollinshead	
Lasswade AAC Colours: <i>White with 2 Blue Bands and Red Band</i>	
109 Alexandra Benham	110 Ashley Alexander
111 Emma Gordon	

Law & District AAC Colours: Amber with 2 Red Bands and 1 White Band

112 Stacey Cowan	113 Rachael Paterson
114 Claire Stewart	115 Clare Connelly

Lothian Running Club Colours: Blue with Black letters

116 Kathleen Dempsey	117 Mhairi Inglis
118 Sarah Inglis	119 Jade Wright

Moray Road Runners Colours: Dayglow yellow with Black Trim

120 Laura Sharp

Pitreavie AAC Colours: Navy/Yellow/White

121 Stacey Louch	122 Sarah Ross
123 Lauren McManus	

Ron Hill Cambuslang Harriers Colours: Red with White Band

124 Caitlin Hendry

Troon Tortoises AC Colours: Yellow with 2 Black Half hoops

125 Kirstin Daly

Victoria Park AAC Colours: Blue and White Hoops

126 Mairi Cameron	127 Abbey McGhee
128 Aisling McGhee	129 Kathryn Rodger
130 Megan Cuthbertson	

Whitemoss AAC Colours: Black and Yellow

131 Victoria Reid	132 Julie Whyteside
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Distance 4,000 metres

The race will start at 12.30

The winning team to hold the 'John D Semple Cup' for 12 months

Title holders: 'Ron Hill' Cambuslang Harriers

The winning individual to hold the 'Jock Semple Trophy' for 12 months

Individual Winner: Ian Lafferty ('Ron Hill' Cambuslang Harriers)

TEAMS NOT LESS THAN 4 & 4 TO COUNT

Aberdeen AAC Colours: White with 2 red hoops

201 Mark Haskett	202 Steven Rusling
203 Richard Crichton	204 Alex Thoires
205 Myles Edwards	

Arran Runners

206 Ben Tattersfield

Calderglen Harriers Colours: Amber and Black Vertical Stripes

207 Jonathan McFarlane	209 Euan Robb
208 William Robertson	

Central AC Colours: Yellow and Blue

210 Michael Gillespie

City of Edinburgh AC Colours: White with one Blue, one Black Hoop

211 Kris Gauson	212 Richard McGuire
213 Darren Steel	214 Blair Milne
215 Roy Dumma	216 Craig McInnes
217 Barry McBlain	218 Chris Black
219 Calum Deans	

City of Salisbury AC

220 Hamish McKinnell

Clydesdale Harriers Colours: White with Black "C"

221 Robert Allison

Corstorphine AAC Colours: White with Black Trim

222 Callum Fletcher	223 Douglas Selman
224 Calum McKenzie	225 Neal Robb

Dundee Hawkhill Harriers Colours: Blue and White Quarters

226 Kevin Murray	227 Ewan Glassey
228 Andrew Brookes	

East Kilbride AAC Colours: Gold with 2 Black hoops

229 Sahdy Bruce

Falkirk Victoria Harriers Colours: Black with Gold Band

230 Christopher Douglas

Fife AC Colours: White with Red Band

231 Elliot Simpson	232 Duncan McLachlan
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Forres Harriers Colours: Red

233 Mark Mitchell

George Heriots School Colours: White with Blue Band

234 Luke Yates	235 Donald Revolta
236 Michael Grant	237 Rory Downie
238 Iain Batho	239 Nicholas Gunn
240 Kevin Wilson	241 Hugh Brechin

Giffnock North AAC Colours: Amber with Royal Blue Hoop

242 Jamie Young	243 Finn Wilkie
244 Douglas Rathey	245 Douglas Bale
246 Kieran McCluskey	247 James Baird
248 David Williamson	



11th Annual Under 15 Girls' Championships

(Over 13 but Under 15 as at 1st September, 2002)

Gleniffer High School Colours: *Red/Black/Sky Blue*

249 Stuart Brown 250 Martyn New
251 Colin Moncrieff 252 Scott MacKay
253 Peter Lowe 254 Alan Smith

Greenock Glenpark Harriers Colours: *Sky Blue with Royal Blue and Gold Hoops*

255 Stephen Trainer 256 Jamie Cuffe
257 Alyn McCall 258 Michael McLoone

Hunters Bog Trotters Colours: *Brown*

259 Graham Wright

Inverclyde AC Colours: *Black & White Stripes*

260 Andrew Anderson 261 Bryan Cassidy
262 Stephen Campbell 263 John Hampsay
264 Gary Loughran 265 Craig Ruddy
266 Craig Stevens

Irvine AC Colours: *Red with Black Trim*

267 Stephen Daye 268 William Morgan

Johnnie Walker Kilmarnock Harriers Colours: *Royal Blue with 2 White Stripes*

269 Mark McGill

Kilbarchan AAC Colours: *Gold with Black Hoop*

270 Nicholas Moore 271 Derek Hawkins
272 Fraser Williams 273 Andrew Jack
274 Andrew D. Jack 275 John Gribben
276 Kyle Toole 277 Jorgi Chacon-Clark
278 Andrew Gibson 279 Martin Lipton

Kirkintilloch Olympians Colours: *Sky Blue with White and Black Hoops*

280 Robert Thayne 281 Fraser Murray
282 Connor McNulty 283 Adam Janeczko

Lasswade AAC Colours: *White with 2 Blue Bands and Red Band*

284 Ross Finlayson 285 Paul Benham
286 Gareth Lairlaw

Law & District AAC Colours: *Amber with 2 Red Bands and 1 White Band*

287 Ross Penny 288 Craig Strachan
289 Gary Grieve

Linlithgow AAC Colours: *White & Yellow/black & Blue Hoops*

290 Colin McCluskie

Lothian Running Club Colours: *Blue with Black letters*

291 Alastair Ewing 292 Philip Kingscott
293 Travis Sinclair

Montrose & D AC Colours: *Black and Red*

294 Nicholas Hobday

Moray Road Runners Colours: *Dayglow yellow with Black Trim*

295 Kyle Cowie

Pitreavie AAC Colours: *Navy/Yellow/White*

296 Stuart Chisholm

Ron Hill Cambuslang Harriers Colours: *Red with White Band*

297 Graham Cuthbert 298 Chris Graham
299 Richard McGuire 300 Ross McLean
301 Gary Semple 302 J Lafferty
303 C McAlindone 304 P Connor
305 P Gillon 306 C Carr
307 C Brown

Shettleston Harriers Colours: *Blue with Yellow Band*

308 Gary Haining 309 Craig Stevenson
310 Mark McKelvie 311 Sean Pollock
312 Lyle McKay 313 Mark McKenny

Stornoway RC Colours: *Red with Yellow Hoop*

314 Jonathan Murray 315 James Keenan

Teviotdale Harriers Colours: *White with Maroon Band*

316 Ryan Gibson

West Dunbartonshire AC

317 Peter Henderson

Distance 4,000 metres

The race will start at 12.45

The winning team to hold the 'Falkirk District Sports Council Trophy' for 12 months

Title holders: Pitreavie AAC

The winning individual to hold the 'William Bramwell Memorial Trophy' for 12 months

Individual Winner: Elaine Renouf (Pitreavie AAC)

TEAMS NOT LESS THAN 4 & 4 TO COUNT

Aberdeen AAC Colours: *White with 2 red hoops*

201 Hilary Armitage 202 Emma Coggie
203 Anna Fleming 204 Jennifer McLaren
205 Shonah Richard

Arbroath & District AC Colours: *Black with vertical yellow stripe*

206 Cheryl Appleby

Central AC Colours: *Yellow and Blue*

207 Rowena Bell-Scott 208 Lauren McNab

City of Edinburgh AC Colours: *White with one Blue, one Black Hoop*

209 Nicola McManus

City of Glasgow AC Colours: *Royal Blue with Green Panel*

210 Joanne Finch 211 Stephanie O'Neill
212 Letitia Blades 213 Louise Leadbetter

Clydesdale Harriers Colours: *White with Black "C"*

214 Kirsten Munro

Corstorphine AAC Colours: *White with Black Trim*

215 Rebecca O'Brien 216 Megan Smith

Dunbar Running Club Colours: *White with Green Diagonal*

217 Lauren Peffers

'Dundee Hawkhill Harriers Colours: *Blue and White Quarters*

218 Laura Brown 219 Lauren Nellish
220 Lyndsey-Aitken

East Kilbride AAC Colours: *Gold with 2 Black hoops*

221 Jenna Low

Edinburgh Woollen Mill Colours: *White/Blue/Red*

222 Sophie Paton 223 Laura Dunn
224 Katie McGregor 225 Rachael Bowman
226 Chelsea Bate 227 Rhianna Simmons
228 Hayley Duncan 229 Eleanor Lone

Giffnock North AAC Colours: *Amber with Royal Blue Hoop*

230 Sarah Phee 231 Frances
McCluskey 232 Kerry McGee
233 Lauren Baird 234 Jennifer Conway
235 Tracy Smith 236 Amanda
Patterson 237 Ruth Joss
238 Helen Sweeney 239 Fiona McKay
240 Lucy Milligan 241 Carlyn Davie
242 Emma McLeod 243 Caitlan Roper
244 Jennifer Love 245 Pamela Love

Greenock Glenpark Harriers Colours: *Sky Blue with Royal Blue and Gold Hoops*

246 Debbie Miller 247 Hayley Rafferty
248 Heather McLaughlin
249 Jennifer Alexander 250 Sandie Orr



11th Annual Under 20 Mens' Championships

(Over 17 but Under 20 as at 1st September, 2002)

Harmony AC Colours: *Red with Green Diagonal*

251 Stephanie Lyall

Helensburgh AAC Colours: *Yellow with Red Band*

252 Harriet Floyd 253 Amy Cooper
254 Rebecca Lawrie

Inverclyde AC Colours: *Black & White Stripes*

255 Erinn Falconer 256 Jamie McTiernan
257 Susanna Spence

Irvine AC Colours: *Red with Black Trim*

258 Lauren Collier

Johnnie Walker Kilmarnock Harriers Colours: *Royal Blue with 2 White Stripes*

259 Kirsty Glynn

Kilbarchan AAC Colours: *Gold with Black Hoop*

260 Allyson Alcroft 261 Stephanie Barras
262 Kirsty Reid 263 Nicole Treacy
264 Linzi Milton

Kirkintilloch Olympians Colours: *Sky Blue with White and Black Hoops*

265 Lisa Keaney

L & L Track Club Colours: *Lemon with Scarlet Trim*

266 Roslyn Campbell 267 Kim Christie
268 Jenny Findlay 269 Sofie Burley

Lasswade AAC Colours: *White with 2 Blue Bands and Red Band*

270 Ashleigh Kennedy 271 Jenny Sheal

Law & District AAC Colours: *Amber with 2 Red Bands and 1 White Band*

272 Lesley Fisher 273 Laura Forrest
274 Susan Chalmers

Lothian Running Club Colours: *Blue with Black letters*

275 Laura Bann 276 Rebecca French
277 Ashley Toner 278 Jemma Toner
279 Hazel Turnbull

Moray Road Runners Colours: *Dayglow yellow with Black Trim*

280 Jennifer Houston

Nithsdale AC Colours: *Jade Green/Black/White*

281 Lynsey Innes 282 Vicky McKnight

Perth Strathtay Harriers Colours: *Orange with Blue Trim*

283 Carly Hall

Pitreavie AAC Colours: *Navy/Yellow/White*

284 Siobhan Coleman 285 Kim Paterson
286 Samantha Lindin 287 Courtney Johnson
288 Ashleigh Murray

Victoria Park AAC Colours: *Blue and White Hoops*

289 Laura Doull

West Dunbartonshire AC

290 Iona Campbell

Distance 8,000 metres

The race will start at 1.05

The winning team to hold the 'Marshall Trophy' for 12 months

Title holders: 'Ron Hill' Cambuslang Harriers

The winning individual to hold the 'Livingstone Trophy' for 12 months

Individual Winner: Andrew Lemoncello (Fife AC)

TEAMS NOT LESS THAN 4 & 4 TO COUNT

Aberdeen AAC Colours: *White with 2 red hoops*

501 Adam Watt 502 Alan Wales
503 Stuart Forbes 504 Charles Milne
505 Iain Donnan 506 Peter Mutch

Central AC Colours: *Yellow and Blue*

507 Lewis Millar

City of Edinburgh AC Colours: *White with one Blue, one Black Hoop*

508 Leslie Simpson 509 Leo Ritchie

Corstorphine AAC Colours: *White with Black Trim*

510 Kris Berry 511 Ewan Stark

Dunbar Running Club Colours: *White with Green Diagonal*

512 Ross Combe

Dundee Hawkhill Harriers Colours: *Blue and White Quarters*

513 Joe Symonds

Edinburgh University H&H Colours: *Green with White side Panel*

514 Richard Turner 515 James Williamson

Falkirk Victoria Harriers Colours: *Black with Gold Band*

516 Kerr Johnstone

*Fife AC Colours: *White with Red Band*

517 Graham Bee
518 Andrew Lemoncello 519 James Lamb
520 Angus McLachlan 521 Graeme Barker

Forres Harriers Colours: *Red*

522 Blair Cartmell

George Heriots School Colours: *White with Blue Band*

523 Philip Purves 524 Douglas Stewart
525 Aaron Simpson 526 Douglas Crichton

Giffnock North AAC Colours: *Amber with Royal Blue Hoop*

527 Steven Milligan 528 Patrick McVey

Glasgow University H & H Colours: *Black and Gold*

529 Iain Campbell

Greenock Glenpark Harriers Colours: *Sky Blue with Royal Blue and Gold Hoops*

530 Christopher MacKay

Johnnie Walker Kilmarnock Harriers Colours: *Royal Blue with 2 White Stripes*

531 Stewart McAllister

Kilbarchan AAC Colours: *Gold with Black Hoop*

532 Paul Arcari 533 Colin May
534 Graeme Dobbie



11th Annual Senior Womens' Championships

(Over 20 years of age as at 1st September, 2002)

Lasswade AAC Colours: White with 2 Blue Bands and Red Band

535 Paul Elliot 536 Daryl Philip

Law & District AAC Colours: Amber with 2 Red Bands and 1 White Band

537 Stuart Griffin 538 Steven Lawley

Pitreavie AAC Colours: Navy/Yellow/White

539 Paul McClosky 540 John Newsom
541 Derek Simpson

Ron Hill Cambuslang Harriers Colours: Red with White Band

542 Stephen Matthews 544 Ian Munro
543 Iain MacCorquodale 546 Jasmair Pal
545 Matthew Murphy 548 Jonathan Walker
547 Andrew Steven 550 Scott McNeil
549 James Doyle

Shettleston Harriers Colours: Blue with Yellow Band

551 Adam Lee 552 Donald Macaulay
Springburn Harriers Colours: Navy Blue with White Diamond
553 Joseph Chambers

Teviotdale Harriers Colours: White with Maroon Band

554 Mark Elsdon 555 Ryan Craik
556 Darrell Hastie

Victoria Park AAC Colours: Blue and White Hoops

557 Kristian Forster 558 Derek Watson Jr.
559 Christopher Watson 560 Gary Baines

Whitemoss AAC Colours: Black and Yellow

561 Calum Ferguson

Distance 8,000 metres

The race will start at 1.30

The winning team to hold the 'Daily Record Trophy' for 12 months

Title holders: Shettleston Harriers Ladies

The winning individual to hold the 'Mary Semple Trophy' for 12 months

Individual Winner: Gillian Palmer (Edinburgh University)

TEAMS NOT LESS THAN 3 & 3 TO COUNT

Aberdeen AAC Colours: White with 2 red hoops

401 Sonia Armitage 402 Anna Kyle
403 Lynsey Still 404 Laura Mahady
405 Ashley Ramsay 406 Julie Stephen
407 Margaret Stafford 408 Nancy MacKinnon

Annan & District AC Colours: Yellow Vest/Black Shorts

409 Caroline Legg

Bellahouston Road Runners Colours: Purple with White Band

410 Emma Kinraide 411 Sharon Stewart
412 Shona Donnelly 413 Valerie Brunton

Carnethy Hill RC Colours: Yellow with Red letters

414 Angela Mudge 415 Tracey Brindley
416 Lyn Wilson 417 Jill Tait
418 Maggie Creber 419 Joanne Anderson

Central AC Colours: Yellow and Blue

420 Hazel Dean 421 Jane Waterhouse

City of Edinburgh AC Colours: White with one Blue, one Black Hoop

422 Marietta Vander Linden
423 Debra Murray 424 Ruth Chamberlain
425 Sharyn Ramage 426 Justine Hewson
427 Catherine Ferrie 428 Natalie Christie
429 Lianne Harrison 430 Joanne Whitehead
431 Claire Williams 432 Gillian Hislop

433 Leslie McKean 434 Alison Johnson
435 Caroline Wallace

City of Glasgow AC Colours: Royal Blue with Green Panel

436 Susan Finch 437 Anne Boyd
438 Kirsty Baird 439 Jacqueline Thomson
440 Susan Partridge 441 Carol-ann Gray
442 Collette Fagan

Corstorphine AAC Colours: White with Black Trim

443 Susan Aitken 444 Linda McGinley
445 Annelise Lithgow

Dundee Hawkhill Harriers Colours: Blue and White Quarters

446 Mary-ann McConnachie

Dundee Road Runners Colours: White with Blue Diagonal

447 Margaret Robertson 448 Tracy Morgan
449 Morag Taggart 450 Miriam Rennet
451 Jillian Barnett 452 Susan Wilson

Edinburgh Woollen Mill Colours: White /Blue /Red

453 Vicky Frew 454 Melanie Henderson
455 Karen Dobbie 456 Violet Blair
457 Susan Ridley

Edinburgh University H&H Colours: Green with White side Panel

458 Gillian Palmer



MULTI-SPORTS SESSIONS

AT

LINWOOD SPORTS CENTRE

ON

SATURDAY 22ND
FEBRUARY

12.00 - 3.00pm

The National Cross Country Championships organised by Scottish Athletics are being held on Sat 22nd Feb at Linwood Sports Centre. If you are aged between 5-15yrs and would like to see this exciting event or take part in the Fun Multi-Sports Sessions, why not come along - No need to book!

All Sessions (athletics, football, rugby etc) will take place outdoors on the AstroTurf so please come appropriately dressed!

For further information contact

Marion on 0141-887-2177



Energy Zone Carnegie Colours: Orange & Green

459 Susan Atkinson 460 Fabienne Thompson
461 Sarah Legge 462 Carol Lisle

Falkirk Victoria Harriers Colours: Black with Gold Band

463 Amanda Purser 464 Caroline Lawless

Ferranti AAC Colours: Yellow with Black letters

465 Moira Nicol

Fife AC individual

466 Ellen Leggate

Fife AC Colours: White with Red Band

467 Fiona Lothian 468 Jocelyn Scott
469 Louise Provan 470 Margaret McLaren
471 Addy Gerrard
472 Caroline Armstrong
473 Phyllis Lemoncello

Gala Harriers Colours: White with Green Band

474 Laura Howie 475 Angela Foss
476 Kate Grimsditch 477 Eileen Nicol
478 Nicola J. Alexander 479 Andrea Pogson
480 Suzanne Carson

Garscube Harriers Colours: White with Blue Band

481 Janet McColl 482 Heather Akers
483 Julia Brosnan 484 Irene Brown
485 Margaret Douglas 486 Carol Marhn
487 Aileen Spiers 488 Linda Topping
489 Roisin Lynch 490 Mairi Stanley
491 Maureen MacLeod 492 Hazel Watson
493 Karen Stevenson

Giffnock North AAC Colours: Amber with Royal Blue Hoop

494 Hilary Millar 495 Maureen McVey

496 Mary McCutcheon 497 Patricia Macleod
498 Sylvia Campbell 499 Shona Hughes

Glasgow University H & H Colours: Black and Gold

500 Jane McCrorie 501 Jen McMaster
502 Kathleen Thomson 503 Mairead Black
504 Romy Fisch

Hunters Bog Trotters Colours: Brown

505 Megan Clark 506 Suzanne Ebel
507 Michelle Jeffrey 508 Isobel Knox
509 Jessica Legaz-Clua 510 A Johnston
511 Deborah McDonald 512 Alison McNeillage
513 Jane Rosbottom 514 Aileen Wood

Johnnie Walker Kilmarnock Harriers Colours: Royal Blue with 2 White Stripes

515 Paula Wilson 516 Rosemary McMillan
517 Janet Murray 518 Morag Cairns
519 Lindsay McMahon 520 Gillian Pryce

Kilbarchan AAC Colours: Gold with Black Hoop

521 Janicé Moore 522 Eileen Masson
523 Sandra Moore 524 Helen Lundie
525 Kate O'Brien 526 Carol Murray

Kirkintilloch Olympians Colours: Sky Blue with White and Black Hoops

527 Ada Stewart

Livingston & District AAC Colours: Yellow with Green Stripe

528 Avril Gardner

Lochaber AC Colours: White with 2 Blue Hoops

529 Dawn Scott

Lothian Running Club Colours: Blue with Black letters

530 Jane Ackland 531 Lorna Eades
532 Marsie Ewing 533 Gillian Godfree
534 Kate Kitchin 535 Helen Murray
536 Christine Rougie 537 Margaret Turnbull

Moray Road Runners Colours: Dayglow yellow with Black Trim

538 Jane Barker

Penicuik Harriers Colours: Purple with White Panels

539 Lori McCrae

Pitreavie AAC Colours: Navy/Yellow/White

540 Sarah Croucher 541 Alison Whyte
542 Mary Lamont 543 Trudi Thomson

Portobello RC Colours: White with Navy and Blue Bands

544 Janet Laing 545 Karen Young
546 Julia Kennedy 547 Karen Derrick

Shettleston Harriers Ladies Colours: Blue with Yellow Band

548 Frances Florence 549 Lindsay MacNeill
550 Eileen Reid 551 Elaine McBrinn
552 Claire McCracken 553 Lynne Marr

Stirling University AC Colours: Green and Yellow

554 Toni McIntosh

Westerlands CCC Colours: Yellow with Black "W" on Back

555 Liz Horton 556 Jane Robertson
557 Muffy Calder
558 Helen MacPherson 559 Elspeth Scott
560 Patricia McLaughlin

11th Annual Under 17 and Under 20 Womens' Championships

[Over 15 but Under 17 as at 1st September, 2002]

[Over 17 but Under 20 as at 1st September, 2002]



Distance 4,800 metres
The race will start at 2.05

Under 17 The winning team to hold the 'Dundee Parks Dept. Trophy' for 12 months
Under 17 Title holders: Pitreavie AAC

Under 17 The winning individual to hold the 'Lothian Trophy' for 12 months
Under 17 Individual Winner: Morag MacLarty [Central AC]

Under 20 The winning individual to hold the 'The Gunstone Millennium Trophy' for 12 months

Under 20 Individual Winner: Collette Fagan [City of Glasgow AC]

TEAMS NOT LESS THAN 3 & 3 TO COUNT

Aberdeen AAC Colours: White with 2 red hoops

301 Charlotte Forbes

Central AC Colours: Yellow and Blue

302 Morag MacLarty 303 Fiona Thompson

304 Karen Bunyan 305 Fiona Chalmers

306 Emma Waterhouse [U20]

City of Glasgow AC Colours: Royal Blue with Green Panel

307 Laura MacPherson 308 Jennifer Emsley

309 Laura Thomson 310 Helen Popple

311 Judith Work

312 Kirsteen Young [U20]

313 Pamela Nicholson [U20]

Clydesdale Harriers Colours: White with Black "C"

314 Jolene Ennis

Dunbar Running Club Colours: White with Green Diagonal

315 Emma Stewart

Dundee Hawkhill Harriers Colours: Blue and White Quarters

316 Heather Brookes 317 Lynsey Murray

Edinburgh Woollen Mill Colours: White/Blue/Red

318 Debbie Ogden

319 Kate Hill

320 Gayle Dunnett

321 Freya Murray [U20]

322 Mairi Hodge [U20]

Edinburgh University H&H Colours: Green with White side Panel

323 Eilidh Wardlaw [U20]

Elgin AAC Colours: Black White Band

324 Stephanie Reynolds

Ellon AAC Colours: Black/Red/Gold

325 Nikki Kidd

Forres Harriers Colours: Red

326 Rachel Jones

Giffnock North AAC Colours: Amber with Royal Blue Hoop

327 Jane Dobson

328 Rachel Thomson

329 Ann Sillars

330 Claire Brodie [U20]

Glasgow University H & H Colours: Black and Gold

331 Ellen Patrick [U20]

332 Suzanne Martin [U20]

Harmeny AC Colours: Red with Green Diagonal

333 Marbeth Shiell

Inverness Harriers Colours: Gold with Maroon Diagonal

334 Alexina McArthur

Johnnie Walker Kilmarnock Harriers Colours: Royal Blue with 2 White Stripes

335 Emma Munro

336 Emma Mackie

Kilbarchan AAC Colours: Gold with Black Hoop

337 Cara Sloss

338 Katherine Wilkie

339 Fiona McIntyre

340 Dennise Smith [U20]

341 Susan McGrenaghan [U20]

342 Heather Gordon [U20]

Kirkintilloch Olympians Colours: Sky Blue with White and Black Hoops

343 Fiona Gentles

344 Sandra Malcolm

Law & District AAC Colours: Amber with 2 Red Bands and 1 White Band

345 Nikki Christie

346 Lorna Gray

Livingston & District AAC Colours: Yellow with Green Stripe

347 Rosanna Mooney

Motherwell AC Colours: Red with White edging

348 Michelle Love

Nithsdale AC Colours: Jade Green/Black/White

349 Lorna Innes

Penicuik Harriers Colours: Purple with White Panels

350 Sarah Blake [U20]

Pitreavie AAC Colours: Navy/Yellow/White

351 Melanie Thomson 352 Sharon Lamont

353 Julia Oldham

354 Eilidh Child

355 Elaine Renouf

356 Katie Fleming [U20]

Stornoway RC Colours: Red with Yellow Hoop

357 Chirsty MacLeod

Victoria Park AAC Colours: Blue and White Hoops

358 Kayleigh Docherty

West Dunbartonshire AC

359 Marie Terese Gardiner

11th Annual Under 17 Mens' Championships

[Over 15 but Under 17 as at 1st September, 2002]



Distance 6,400 metres

The race will start at 2.25

The winning team to hold the 'Bryson Cup' for 12 months

Title holders: Aberdeen AAC

The winning individual to hold the 'Goodwin Bowl' for 12 months

Individual Winner: Alan Wales (Aberdeen AAC)

TEAMS NOT LESS THAN 4 & 4 TO COUNT

Aberdeen AAC Colours: White with 2 red hoops

401 Mark Kennedy 402 Andrew Clark
403 Darren Shinnie 404 Stuart Anderson
405 William Duncan 406 Oleg Chepelin

Arbroath & District AC Colours: Black with vertical yellow stripe

407 Sean Hardwick 408 Martin Shepherd

Calderglen Harriers Colours: Amber and Black Vertical Stripes

409 Chris Brooks 410 Jamie Bannister

Central AC Colours: Yellow and Blue

411 Alastair Hay 412 Michael Wright

City of Edinburgh AC Colours: White with one Blue, one Black Hoop

413 Jason Thomson 414 Michael Szymanski
415 Mark Smith
416 Greig Liddle 417 Stephen Lisgo
418 Alastair Booth 419 Hugo Shannon
420 Thoren Ferguson

Corstorphine AAC Colours: White with Black Trim

421 Scott Pilkington 422 Alastair McColl

Dunbar Running Club Colours: White with Green Diagonal

423 Kenneth Bell

East Kilbride AAC Colours: Gold with 2 Black hoops

424 Graeme Caskie

Falkirk Victoria Harriers Colours: Black with Gold Band

425 Alasdair Stewart

Fife AC Colours: White with Red Band

426 John Buchan 427 Mark Harley
428 William Lamb 429 Rory Scott

Forres Harriers Colours: Red

430 Kyle Greig

Gala Harriers Colours: White with Green Band

431 Gary Alexander

George Heriots School Colours: White with Blue Band

432 James McLay 433 Peter MacRae
434 Craig Wilson 435 Alastair Bell

Giffnock North AAC Colours: Amber with Royal Blue Hoop

436 David Phee 437 David Clark
438 Norman Galbraith 439 Alastair Booth
440 Andrew Carr

Greenock Glenpark Harriers Colours: Sky Blue with Royal Blue and Gold Hoops

441 David Butcher 442 Andrew McCall
443 Christopher McCall 444 Jason McCall
445 Paul Bryson 446 Andrew More
447 James Bradley

Harmeny AC Colours: Red with Green Diagonal

448 Shaun Desport

Inverclyde AC Colours: Black & White Stripes

449 Jason Kane 450 Graham Murdoch

Johnnie Walker Kilmarnock Harriers

Colours: Royal Blue with 2 White Stripes

451 Stephen McNeil 452 Sean Welsh
453 Alexander Hamilton

Kilbarchan AAC Colours: Gold with Black Hoop

454 Ross Toole 455 Calum Morrison
456 Craig McCaffer 457 Chris Devenney
458 Graeme Caskie 459 Andrew Campbell

L & L Track Club Colours: Lemon with Scarlet Trim

460 Drew Campbell

Lasswade AAC Colours: White with 2 Blue Bands and Red Band

461 Colin Swan

Law & District AAC Colours: Amber with 2 Red Bands and 1 White Band

462 Graham Martin 463 Blair Struthers

Linlithgow AAC Colours: White & Yellow/black & Blue Hoops

464 Alastair Marshall

Livingston & District AAC Colours: Yellow with Green Stripe

465 David McIlwraith

Lochaber AC Colours: White with 2 Blue Hoops

466 Scott Rodger

Lothian Running Club Colours: Blue with Black letters

467 Fraser Kingscott

Musselburgh AC Colours: Red with Black Stripes

468 Lachlan Thomson

Pitreavie AAC Colours: Navy/Yellow/White

469 Stephen Irwin 470 Ewan Simpson

Ron Hill Cambuslang Harriers Colours: Red with White Band

471 Alastair Campbell 472 Stephen Dunn
473 Andrew Greenhaugh 474 Ian Lafferty
475 Derek Martin 476 David Ward
477 Andrew Carachi 478 Sean Convery

Shettleston Harriers Colours: Blue with Yellow Band

479 James Findlay 480 David Wallace
481 Stuart MacDonald 482 Graham Welsh
483 Gordon Phillips

Stornoway RC Colours: Red with Yellow Hoop

484 Murdo MacKenzie 485 Jason MacLean

Teviotdale Harriers Colours: White with Maroon Band

486 Derek Scott

Victoria Park AAC Colours: Blue and White Hoops

487 Peter Speirs 488 Stephen Taggart
489 Kevin Farmer 490 Craig Johnstone

West Dunbartonshire AC

491 Daniel Burns

Whitemoss AAC Colours: Black and Yellow

492 Gary MacKay 493 Scott Davidson
494 Scott Campbell

11th Annual Senior Mens' Championships

(Over 20 years of age as at 1st September, 2002)



Distance 12,000 metres

The race will start at 3.00

The winning team to hold the 'Elkington Shield' for 12 months

Title holders: Shettleston Harriers

The winning individual to hold the 'W H Dunlop Trophy' for 12 months

Individual Winner: Glen Stewart (Mizuno RC)

TEAMS NOT LESS THAN 6 & 6 TO COUNT

Aberdeen AAC Colours: *White with 2 red hoops*

1 Stephen Cassells	2 Malcolm Beattie
3 Michael Paddon	4 Keith Charlton
5 Calum Davidson	6 David Duguid
7 Mel Edwards	8 Thomas Litterick
9 Neil Murdock	10 Benjamin Hukins
11 Richard Wainford	12 Alexander Peddie
13 Simon Sinclair	14 Christopher Smith
15 Steve Smith	16 Colin Taylor
17 David Oliver	

Annan & District AC Colours: *Yellow Vest/Black Shorts*

18 Mark Whitelaw	19 John Murphy
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Arran Runners

20 Paul Emsley	21 Gordon Allsop
22 Tommy Gilmore	

Beith Harriers Colours: *Black*

23 Iain Hamilton	24 Michael Connelly
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Bellahouston Harriers Colours: *Dark Blue with Light Blue Cross*

25 Campbell Joss	26 Colin Scott
27 David Boal	28 John McFadyen
29 Graeme Gemmell	30 Jeremy Garnett
31 Iain Burke	32 Anthony Quinn
33 Ian Ross	

Bellahouston Road Runners Colours: *Purple with White Band*

34 Gordon Watson	35 Kenneth Richmond
36 Liam Conway	37 Nick Kelly

38 Graeme Dunbar	39 Paul Butler
40 Damian McLarnon	41 Hugh Brown

Calderglen Harriers Colours: *Amber and Black Vertical Stripes*

42 Russell Couper	43 Charles Steven
44 Malcolm Buchanan	45 Graham Allan
46 Derek Dick	47 Roderick Shanks
48 Alan Derrick	49 Alan Cullie
50 Gerard Mullen	51 David Watt
52 Blair Matthew	53 Ian Hughes
54 Jim Holmes	55 Brian Carrigan
56 Andrew Henderson	57 Stephen Marzella
58 Jamie McMonagle	

Central AC (Ind) Colours: *Yellow and Blue*

59 David Armour

Central AC Colours: *Yellow and Blue*

60 Robert Russell	61 James McDonald
62 Alasdair Anthony	63 Ross Houston
64 Craig Walker	65 Will Hensman
66 John Millar	67 Cameron Campbell
68 David Hay	69 Ewan Gault
70 William Gault	71 Alan Gall
72 Gordon Walker	73 George McHardy
74 James Drummond	75 Roger Greenaway
76 Brian Cowie	77 Robert Hutchinson
78 Alex Milne	79 Ivor Campbell
80 Steve Briggs	

City of Edinburgh AC Colours: *White with one Blue, one Black Hoop*

81 Graham Beal	82 Matthew Bell
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83 Colin Cable	84 Scott Campbell
85 Robert Cockburn	86 Thomas Ellacott
87 Martin Ferguson	88 Jonathan Ferry
89 Owen Flage	90 William Gallacher
91 Darren Gauson	92 Andrew Gibson
93 Andrew Griffiths	94 James Guest
95 Rob Hooton	96 Francis Hooton
97 Brian Howie	98 Colin Hutt
99 Mark Johnston	100 Leslie Kay
101 Rod Leach	102 Andrew Laycock
103 Keith Lyle	104 Juan Mareque
105 Darryl McDonald	106 Alex MacEwen
107 Hugh MacInnes	108 Walter McCaskey
109 Robert McFall	110 David Millar
111 Lars Ottemoller	112 Jamie Pringle
113 Robert Riddell	114 Stewart
Robertson	115 Garry Robertson
116 Andrew Scott	117 Martin Sneddon
118 Gordon Steel	119 John Steel
120 Grant Stewart	121 Eric Stevenson
122 Adam Ward	123 Rae Ward
124 Aidan Woods	125 Jonathan Whitehead
126 Angus Wardlaw	127 Douglas Brodie

Clydesdale Harriers Colours: *White with Black "C"*

128 Allan Adams	129 James Austin
130 Michael Diver	131 Brian Edridge
132 Brian Gallagher	133 John Hanratty
134 Alistair Meikle	135 Ian Murphy
136 John McArthur	137 Graeme Reid
138 Mark Rudzinski	139 Peter Rudzinski
140 James Shields	141 Robert Young
142 Clifford Brown	143 Derek Halpin
144 Ronald Hurt	145 Gerald Kennedy
146 Laurence Pearson	147 Alan Rodger

Corstorphine AAC Colours: *White with Black Trim*

148 Graeme Fletcher	149 Fraser Anderson
150 Keith Hood	151 Martin Caldwell
152 Martin Hulme	153 Moray Anderson
154 Steven O'Brien	155 Chris O'Brien
156 Bryan Clark	157 Timothy Norwood

158 John O'Hara	159 Paul O'Brien
160 David Henderson	161 Brian Nicholson
162 Tom Ferrington	163 Iain Cumming
164 Scott Bisset	165 David Law
166 Craig Smith	

Cosmic Hillbashers

167 Stuart Hunter

Dumbarton AAC Colours: *Black with Red Band*

168 Peter Walsh	169 Frank Yeoman
170 Brian Clarke	171 David Marsland
172 Gordon Hanley	173 Steven Somerville
174 Pat McErlean	

Dundee Hawkhill Harriers Colours: *Blue and White Quarters*

175 Pete Fox	176 Matthew Strachan
177 Craig Ross	178 Gordon Barrie
179 Eddie Holmes	180 Alan Wilson
181 Neill Raitt	

East Kilbride AAC Colours: *Gold with 2 Black hoops*

182 David J. Condra	183 Graeme Hadow
184 Gordon Colvin	185 Edgar Ramage
186 Stuart Whitehill	187 Grant Baillie

Edinburgh University H&H Colours: *Green with White side Panel*

188 Ian Wellock	189 Seth Jenny
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Energy Zone Carnegie Colours: *Orange & Green*

190 Ian Stewart	191 Lewis Lawson
192 Andrew Hunter	193 Robert Milton
194 Alexander Nicol	195 Mike Harvey
196 Iain Taylor	197 James Lang
198 Ian Armstrong	199 Douglas McGarry
200 Ian Johnston	201 Kevin Clark
202 Graham Clark	203 Peter Simpson
204 Stephen Greer	205 Thomas Bowie
206 Peter Morrison	207 John Milton
208 John Lambie	



Falkirk Victoria Harriers Colours: *Black with Gold Band*

209 Andrew Donaldson 210 John Martin
211 Duncan McGougan 212 Paul McKerracher
213 Michael McQuaid 214 Neil Robertson
215 Andrew Ronald 216 Stephen Moore
217 Steve Purser

Ferranti AAC Colours: *Yellow with Black letters*

218 Edward McDonald 219 Paul Caban
220 Trevor Ridley 221 John Gavin
222 Stephen Reid 223 Keith Nicol
224 Matt Bankhead 225 Walter Fairnie

Fife AC Colours: *White with Red Band*

226 Douglas Gunstone 227 Graham Bennison
228 David Francis 229 Christopher Russell
230 Daniel Leggate 231 Tom Scott
232 David Weir 233 Ian Overton
234 Owen Greene 235 Adrian Davis
236 Frank McLaren 237 Gary Barker
238 Alan Meiklejohn 239 Alastair
Robertson 240 Andrew Barker
241 Brian Cruickshank 242 Terry Mitchell
243 Roy McLachlan 244 David Bee
245 Mel Scobie 246 Bryce Aitken
247 John Murdoch 248 Ronnie Morrison
249 Paul Gallacher 250 Martin Farrally
251 William Spates 252 Simon Haworth

Forres Harriers Colours: *Red*

253 Stewart Burn 254 Michael Howell
255 David Adam 256 Paul Rogan
257 Fraser Cartmell

Gala Harriers Colours: *White with Green Band*

258 Ron Logan 259 Robin Murray
260 Martin Clarke 261 Neil Renton
262 Graham Capper 263 George Runciman
264 Alistair Laurie 265 Graham Pogson
266 Jack Knox 267 Mike McGovern
268 Fergus Johnston

Garscube Harriers Colours: *White with Blue Band*

269 Iain Cullen 270 Stephen Cullen
271 Lindsay Cunningham 272 David Geddes
273 Stuart Irvine 274 Ian Mennie
275 Stephen Mulrine 276 Kenneth Macanna
277 Mark McIntosh 278 Colin McKay
279 Euan Mackay 280 Alexander Parker
281 John Weir

George Heriots School Colours: *White with Blue Band*

282 Gordon Robertson

Giffnock North AAC Colours: *Amber with Royal Blue Hoop*

283 Charles Rankin 284 Marc Roper
285 Paul Harte 286 Derek Breen
287 Ian McMoneagle 288 David Logan
289 Gerard McNamee 290 Frank Cooper
291 Steven Campbell 292 Billy Clark
293 David McNab 294 Alan Stewart
295 David Rodgers 296 Adrian Hoppit
297 Martin Myant 298 Gordon Thomson

Glasgow University H & H Colours: *Black and Gold*

299 Cameron Burt 300 Joseph Cressotti
301 Crawford Spence 302 Alan Quigley
303 David Goebbels 304 Fraser Turner
305 Richard Dobson

Greenock Glenpark Harriers Colours: *Sky Blue with Royal Blue and Gold Hoops*

306 Alan O'Rourke 307 Daniel McLaughlin
308 Norman Hay 309 Robert Paterson
310 Stephen McLoone 311 M McLoone
312 Andrew McCall 313 James Cuffe
314 Robert Dolan 315 Robert Wilson
316 Douglas Campbell 317 William Jukes
318 Robert Docherty 319 George Mitchell
320 Andrew Morrison 321 Richard Davidson

Haddington East Lothian Pacemakers Colours: *Red and White Halves*

322 Paddy McDonald 323 Sandy Wallace
324 Brian Carr 325 William Watson
326 Frederick McCain
327 George Armstrong 328 James Baird
329 Steven Docherty

Helensburgh AAC Colours: *Yellow with Red Band*

330 Ross McInroy 331 Damien Theaker
332 Erwin Losekoot 333 Wilson Hamilton

Hunters Bog Trotters Colours: *Brown*

334 Duncan Baker 335 Stephen Baxter
336 John P. Beech 337 Gary Brown
338 Ian Campbell 339 Colin Farquharson
340 Sigg Gould 341 Ian Harkness
342 Alistair Hart 343 Craig Hunter
344 James Jarvis 345 John McKay
346 Neil McKay 347 Ian Marshall
348 Myles Marshall 349 Aldo Matrundola
350 Philip Mowbray 351 Niall Munro
352 Donald Naylor 353 Ivor Normand
354 Patrick O'Kane 355 Neil Thomas
356 Robin Thomas 357 James Thyne
358 Richard Wall 359 David Wright

Inverclyde AC Colours: *Black & White Stripes*

360 Steven Conaghan 361 Gerard Gaffney
362 Robert Gray 363 Thomas Murray
364 Chris Robison 365 Robert Shaw
366 Cameron Spence 367 William Tipping
368 Tom Tracey

Irvine AC Colours: *Red with Black Trim*

369 Lee Richardson 370 William Richardson
371 David Millar 372 Brian Craig
373 James White 374 Peter Collier
375 Iain Fraser 376 Michael Flinn
377 Ashley Shedden 378 Ian McManus
379 David Kerr 380 Colin Miller
381 Joseph McNamee 382 George Irving
383 Andrew Rennie

Johnnie Walker Kilmarnock Harriers Colours: *Royal Blue with 2 White Stripes*

384 Jim Goldie 385 John Docherty
386 Alasdair Murray 387 Scott Russell
388 Iain Connell 389 Roderick Pugh
390 Edward Tonner 391 Paul McArthur
392 Stewart Ferguson 393 Michael Corson
394 John Gebbie 395 Graham Cairns

Kilbarchan AAC Colours: *Gold with Black Hoop*

396 Robert Quinn 397 Thomas Hearle
398 James Snodgrass 399 Thomas Anderson
400 John McMillan 401 Steven Hards
402 Robert Snodgrass 403 David Mewse
404 Thomas Lawrence 405 Alexander Ross
406 Donald Petrie 407 Gordon Gallacher
408 Robin Scott

Kirkintilloch Olympians Colours: *Sky Blue with White and Black Hoops*

409 Chris Stewart 410 Ewan Jack
411 Stuart Kerr 412 Robert Rogerson
413 Craig MacWilliam 414 Edward McLoone
415 John McLoone 416 Gordon McLean

Lasswade AAC Colours: *White with 2 Blue Bands and Red Band*

417 John Murray 418 John Forker

Law & District AAC Colours: *Amber with 2 Red Bands and 1 White Band*

419 Gordon Douglas 420 William Drysdale
421 James Rowley 422 Patrick Kelly
423 James Macdonald 424 John Gourlay

Linlithgow AAC Colours: *White & Yellow/black & Blue Hoops*

425 David Armstrong

Livingston & District AAC Colours: *Yellow with Green Stripe*

426 Steven Thomson

**Lochaber AC Colours: White with 2 Blue Hoops**

427 David Ford

Lothian Running Club Colours: Blue with Black letters

428 Graeme Ackland 429 James Alexander
 430 Alexander Agnew 431 Peter Dymoke
 432 David Eades 433 David Godfree
 434 Alan Grierson 435 Kenton Jones
 436 Andy Kitchin 437 Robert Lee
 438 Euan McIntosh 439 Harry Mulholland
 440 Christopher Northam 441 Clive Parry
 442 Murray Robertson 443 David Simmons
 444 Brian Turner

Metro Aberdeen RC Colours: Black/Yellow Quarters

445 George Jamieson 446 Peter Jennings
 447 John Matheson 448 Bruce Moroney
 449 Craig Stewart 450 Kevin Tulloch
 451 Duncan Wood 452 Donald Whyte

Milburn Harriers Colours: Light Blue with Dark Blue Diagonal

453 Anthony McConnell
 454 Alexander Robertson 455 Stephen Johnston
 456 Patrick Burns 457 Douglas McIndewar
 458 Stephen Cowper 459 James Robertson

Mizuno Racing Club Colours: Purple

460 Guy Amos 461 Mark Arndt
 462 David Beagley 463 Stuart Campbell
 464 Ken Chapman 465 Max Colligan
 466 David Gardiner 467 Thomas Hanlon
 468 Carl Heaven 469 Frank McGowan
 470 Andrew Muir 471 Andrew Renfree
 472 Desmond Roache 473 Alan Robson
 474 David Ross 475 John Ross
 476 Kirk Smith 477 Glen Stewart

Motherwell AC Colours: Red with White edging

478 James Dobbie 479 Patrick Mullen
 480 John Hughes 481 Colin McAlpine
 482 James Tracey

Musselburgh AC Colours: Red with Black Stripes

483 Jude Boulton 484 Tony Segall
 485 Matthew Deighton 486 Gordon Eadie

Penicuik Harriers Colours: Purple with White Panels

487 Robert Walker 488 Sean Davidson
 489 Kenneth Cairns 490 John Forrest
 491 Michael Browne 492 Ritchie McCrae

Perth Road Runners Colours: Green and White

493 Stephen Ferguson 494 Derek Phillips
 495 David Knight 496 Jim Scanlan
 497 Colin Glencorse 498 Derek McIntosh
 499 Robin Livingstone 500 David Nicoll

Pitreavie AAC Colours: Navy/Yellow/White

501 Nigel Cunningham 502 Archibald Duncan
 503 Stuart Forrester 504 Barry Davie
 505 Colin Simpson 506 Douglas Gray
 507 Peter Baxter 508 Barry McCleery
 509 Douglas Smith 510 Cameron Watson
 511 Peter Coleman

Portobello RC Colours: White with Navy and Blue Bands

512 William Jarvie 513 Scott Jarvie
 514 David Edgar 515 John Blair
 516 Gerard Scullion 517 Ricky Fraser

Ron Hill Cambuslang Harriers Colours: Red with White Band

518 Neil Wilkinson 519 Stephen Wylie
 520 Jonathan McCallum 521 Jamie Reid
 522 Charles Thomson 523 David Rodgers
 524 Colin Donnelly 525 Edward Stewart
 526 John Brown 527 Alan Macpherson
 528 Steven Macgregor 529 Iain Reid
 530 Ross Arbuckle 531 Frank Barton
 532 David Dymond 533 Joseph Kealey
 534 Kevin Kealey 535 Iain Grant

536 Mark Fairgrieve

538 John Cowan

540 Graeme Croll

542 John Simpson

544 Peter Ogden

Robertson

537 John McPake

539 Derek Houstoun

541 David Marshall

543 Gerry Reid

545 Alexander

Shettleston Harriers Colours: Blue with Yellow Band

546 Adrian Callan 547 Peter Carton
 548 William Coyle 549 Lewis Duff
 550 John Duffy 551 Martin Graham
 552 Andy Little 553 John Mackay
 554 Andrew McIntyre 555 Graham Wight
 556 Jethro Lennox 557 Ian Johnston
 558 Ryan Montgomery 559 Hugh Watson
 560 Stuart Gibson 561 Dermot McGonigle
 562 Neil Darroch 563 Clyde Marwick
 564 Jim Norton

Springburn Harriers Colours: Navy Blue with White Diamond

565 Andrew Callan 566 Alan Hill

Stewarty AC Colours: Sky Blue with Black diag Band

567 George Winchester

Stornoway RC Colours: Red with Yellow Hoop

568 Malcolm Bain 569 Jim Bruce
 570 Douglas Flett 571 Iain MacKay
 572 Ross Munro 573 Coinnech Morrison

Teviotdale Harriers Colours: White with Maroon Band

574 Martin Elsdon 575 Alan Coltman
 576 Wayne McIntosh

Troon Tortoises AC Colours: Yellow with 2 Black Half hoops

577 George McGregor 578 Ian Beattie
 579 Kay Nah 580 Vincent Daly
 581 Charles Martin

Unattached

582 Jim Morton 583 James Watt

Victoria Park AAC Colours: Blue and White Hoops

584 Mark Ashby 585 Stuart Barnett
 586 Alastair Douglas 587 Joseph Doyle
 588 Alan Hamilton 589 Thomas McAra
 590 Kenneth McCoy 591 Kenneth McVey
 592 Gordon Moore 593 Andrew Nicoll
 594 Derek Watson Snr 595 Alastair Mace
 596 Kenneth Mitchell 597 Robert Newton

Wee County Harriers Colours: Navy and Orange

598 Sidney Pask 599 Gordon McPherson
 600 Gordon McNeil 601 Trevor Andrews
 602 Martin Quinn 603 Kevin Kelly
 604 Peter Dunn 605 Christopher Harding

Westerlands CCC Colours: Yellow with Black "W" on Back

606 Charles Campbell 607 Gibson Fleming
 608 Daniel Reid 609 Blair Millen
 610 Sandy McNeil 611 Andrew Turnbull
 612 David Calder 613 John Donnelly
 614 Brian Bonnyman 615 Marc McColl
 616 Ian Struthers 617 Keith Adams
 618 Graeme Orr



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